



**RAMKHAMHAENG ADVENT**  
INTERNATIONAL SCHOOL

www.rais.ac.th  
info@rais.ac.th



02-370-0316  
02-370-0317



1 Soi Ramkhamhaeng 119, Huamark  
Bangkapi Bangkok 10240 Thailand



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## Policy on Social and Emotional Support Framework for Guidance and Counseling

### Purpose:

The purpose of this policy is to establish a comprehensive framework for providing social and emotional support to students within the international school setting through guidance and counseling services. This framework aims to promote students' well-being, foster positive relationships, and enhance their overall academic and personal development.

### Scope:

This policy applies to all students enrolled at Ramkhamhaeng Advent International School, as well as faculty and staff involved in providing guidance and counseling services.

### Policy Statements:

Our Social and Emotional Support Framework encompasses various strategies, programs, and resources designed to address the diverse needs of individuals. It emphasizes proactive approaches to mental health promotion, early intervention, and ongoing support. We, here at Ramkhamhaeng Advent International school strive to create a culture of empathy, understanding, and inclusivity where individuals feel safe seeking assistance and expressing their emotions without fear of stigma or judgment.

### Related Policies:

1. Confidentiality and Privacy Policy: We adhere to strict confidentiality and privacy policies to safeguard the sensitive information shared during counseling sessions and to promote trust and confidentiality between counselors and clients.
2. Data Protection (**PDPA**): We comply with data protection regulations and ensure the secure handling and storage of sensitive information collected during counseling sessions in accordance with relevant laws and policies.

## Guiding Principles:

- **Inclusivity:** Ensure that all students, regardless of background, culture, or abilities, have access to guidance and counseling services.
- **Confidentiality:** Respect and protect the confidentiality of students seeking guidance and counseling, adhering to professional ethical standards.
- **Collaboration:** Foster collaboration among educators, parents/guardians, and external stakeholders to provide holistic support to students.
- **Cultural Sensitivity:** Recognize and respect the diverse cultural backgrounds and perspectives of students and incorporate culturally sensitive practices into counseling approaches.
- **Continuous Improvement:** Regularly assess and evaluate the effectiveness of guidance and counseling programs to ensure they meet the evolving needs of students.

## Components of the Framework:

### Individual Counseling:

Provide one-on-one counseling sessions to address students' personal, social, emotional, and academic concerns.

Assist students in developing coping strategies, problem-solving skills, and resilience to navigate challenges effectively.

### Group Counseling:

Offer group counseling sessions to address common issues such as peer relationships, stress management, and self-esteem.

Create a supportive environment where students can share experiences, learn from each other, and develop social skills.

### Psychoeducational Support:

Conduct workshops on topics such as mindfulness, emotional regulation, conflict resolution, and goal setting to enhance students' social and emotional competencies.

Collaborate with teachers to integrate socio-emotional learning into the classroom activities.

### Parent/Guardian Support:

Provide individual consultations to support parents/guardians in understanding and addressing their child's social and emotional needs.

Foster open communication between parents/guardians and school staff to strengthen the home-school partnership.

## **Referral Services:**

Maintain a network of external resources and professionals to refer students and families to specialized support services when necessary, such as mental health professionals or community organizations.

Ensure seamless coordination and follow-up to facilitate continuity of care for students receiving external support.

## **Crisis Intervention:**

Establish protocols and procedures for responding to crises and emergencies that may impact students' well-being, including providing immediate support and access to resources.

Train staff members in crisis intervention techniques and ensure they are equipped to handle emergency situations effectively.

## **Implementation and Monitoring:**

Designate a qualified guidance counselor or counseling team responsible for implementing and overseeing the framework.

Provide professional development opportunities for counseling staff to enhance their skills and stay abreast of best practices.

Regularly assess the effectiveness of the guidance and counseling programs through feedback mechanisms, surveys, and data analysis.

Adjust the framework based on evaluation results and feedback from stakeholders to ensure continuous improvement.

This policy establishes a robust framework for providing social and emotional support to students within the international school setting. By prioritizing inclusivity, collaboration, and continuous improvement, we aim to cultivate a supportive environment where students can thrive academically, socially, and emotionally.

## **Communication:**

- Parent Orientation
- Student orientation
- Parent conferences

## **Policy Review:**

- This policy will be reviewed once every three years.
- This policy was last reviewed by RDOC in February 2024.