



## Guidance and counseling policy

Guidance and counseling policies are essential frameworks within educational institutions aimed at providing students with the necessary support, direction, and resources to navigate academic, personal, and career challenges effectively. These policies typically outline the purpose, scope, components, and guidelines for implementing counseling services within the educational setting. Here's a breakdown of each aspect:

### Purpose:

The purpose of guidance and counseling policy is to:

- **Support Student Well-being:** Ensure the holistic well-being of students by providing them with mental health support, academic guidance, and personal development.
- **Facilitate Academic Success:** Assist students in overcoming academic obstacles and achieving their full potential through personalized guidance and support.
- **Promote Career Development:** Offer guidance and resources to help students explore career options, develop career goals, and make informed decisions about their future.
- **Foster Personal Growth:** Provide opportunities for personal growth, self-awareness, and emotional resilience through counseling and guidance services.

### Scope:

- **Guidance Services:** individual counseling, group counseling, career exploration, academic advice.
- **Collaboration:** Collaboration with stakeholders at Ramkhamhaeng Advent International School, including teachers, administrators, parents, and the community.
- **Confidentiality and Ethics:** Guidelines for maintaining confidentiality, upholding ethical standards, and ensuring the privacy rights of students seeking counseling services.

## **Policy Statement:**

At Ramkhamhaeng Advent International School, we are committed to providing a supportive and nurturing environment where every student can thrive academically, socially, and emotionally. Recognizing the importance of holistic development, we understand that guidance and counseling play a vital role in the educational journey of our diverse student body.

## **Components of the Framework:**

- ✓ **Assessment and Evaluation:** Regular assessment of student needs, interests, and challenges to inform counseling interventions and program development.
- ✓ **Individualized Counseling:** Provision of individual counseling sessions tailored to address the unique needs and goals of each student.
- ✓ **Group Counseling and classroom guidance:** Conducting group counseling sessions and classroom guidance on topics such as Anti-bullying, career exploration, hygiene and sanitation, sex education and interpersonal relationships (more to be added as the need arises).
- ✓ **Academic Advising:** Offering academic support through after-school classes assist students in academic planning, and goal setting.
- ✓ **Career Guidance:** Providing career guidance (assessment), exploration activities, and resources to help students make informed decisions about their educational and career pathways.
- ✓ **Referral Services:** Collaborating with external agencies and professionals to refer students to specialized services when needed, such as mental health counseling or academic tutoring.
- ✓ **Follow-up and Monitoring:** Monitoring student progress, following up on counseling interventions, and providing ongoing support as needed.

Guidance and counseling policy play a crucial role in supporting the overall well-being, academic success, and personal development of students in RAIS by outlining the purpose, scope, and components of counseling services, this policy provides a framework for delivering effective guidance and support to students throughout their educational journey. Implementation of comprehensive guidance and counseling policies can contribute to creating a supportive and nurturing learning environment where students can thrive academically, emotionally, and socially.

### Communication:

- RAIS website
- Parents/guardians orientation
- Students' orientation
- Parent conferences

### Policy Review:

- This policy will be reviewed once in three years.
- This policy was last reviewed by RDOC in February 2024.